

NUEVA | BUSINESS ACTIVITY TRACKER

Name: _____ Week of: _____

BUILDING ME

	MON	TUE	WED	THU	FRI	SAT	SUN
Be the proof the products work (curiosity product or story)	☐	☐	☐	☐	☐	☐	☐
10 minutes of personal development	☐	☐	☐	☐	☐	☐	☐

BUILDING MY BUSINESS

	MON	TUE	WED	THU	FRI	SAT	SUN
Add to network suggested friends (5 minutes)	☐	☐	☐	☐	☐	☐	☐
Connect with new friends using the connected script (5 minutes)	☐	☐	☐	☐	☐	☐	☐
Start a conversation with someone I haven't spoken to in 30+ days	☐	☐	☐	☐	☐	☐	☐
Birthday greetings (5 minutes)	☐	☐	☐	☐	☐	☐	☐
One social media post	☐	☐	☐	☐	☐	☐	☐
Add 6 stories a day	☐	☐	☐	☐	☐	☐	☐
Share a transformation story	☐	☐	☐	☐	☐	☐	☐
Invite (boards → master script → product → invites)	☐	☐	☐	☐	☐	☐	☐
Follow up (boards → master script → product follow up)	☐	☐	☐	☐	☐	☐	☐
Start a brand-new conversation (5 minutes)	☐	☐	☐	☐	☐	☐	☐
Recruiting conversation: talk to 2 people	☐	☐	☐	☐	☐	☐	☐

MY WEEKLY BUSINESS RESULTS

Product invites	New customers	Business invites	New Social Marketers	New friends

NUEVA | QUICK REFERENCE

Birthday messages

“Hey! Just wanted to reach out and wish you a very happy birthday. What are you doing to celebrate?”

Six stories a day

Personal development · transformation · giveaway · healthy meal · home or activities · product in your day.

Let's connect

“We’ve been connected but never really connected. How are you? Where are you located?”